

BECOME A HUNGER

# HERO

FOR LOCAL CHILDREN,  
*today!*

## Ready to Help?

To sponsor a child through a financial donation, fill out and detach this panel with your enclosed donation. You may also visit [www.uwonslow.org](http://www.uwonslow.org) and click "Give" to make a donation via credit card online.

Name or Business: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### Select a sponsorship level:

- 1 Week- \$9.00       1 Month- \$36.00
- 6 Months- \$216.00       1 Year- \$432.00
- Other Amount: \_\_\_\_\_

### Payment Option:

**Checks:** Payable to United Way of Onslow County

**Credit Card #:** \_\_\_\_\_

Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_      CSV #: \_\_\_\_\_

Authorizing Signature: \_\_\_\_\_

Reoccurring Donation: How often should we charge the above amount to your credit card?

- One-time     Monthly     Quarterly

Please send your donation to  
United Way of Onslow County  
403 N Bayshore Blvd • PO Box 5125  
Jacksonville, NC 28540

*What may look like a backpack to us, is a lifeline to a child who would otherwise go hungry over the weekend.*

## Food Donations

Non-perishable, child-friendly foods and easy to prepare meals are always needed. Here are some of the items needed most:

### Breakfast:

- Pop-tarts
- Oatmeal
- Instant Grits
- Individual Cereal
- Individual Pancake Mix

### Lunch:

- Canned Soup
- Canned Meat
- Ramen
- Peanut Butter/Jelly
- Ravioli/Spaghetti-o's
- Canned Fruit

### Dinner:

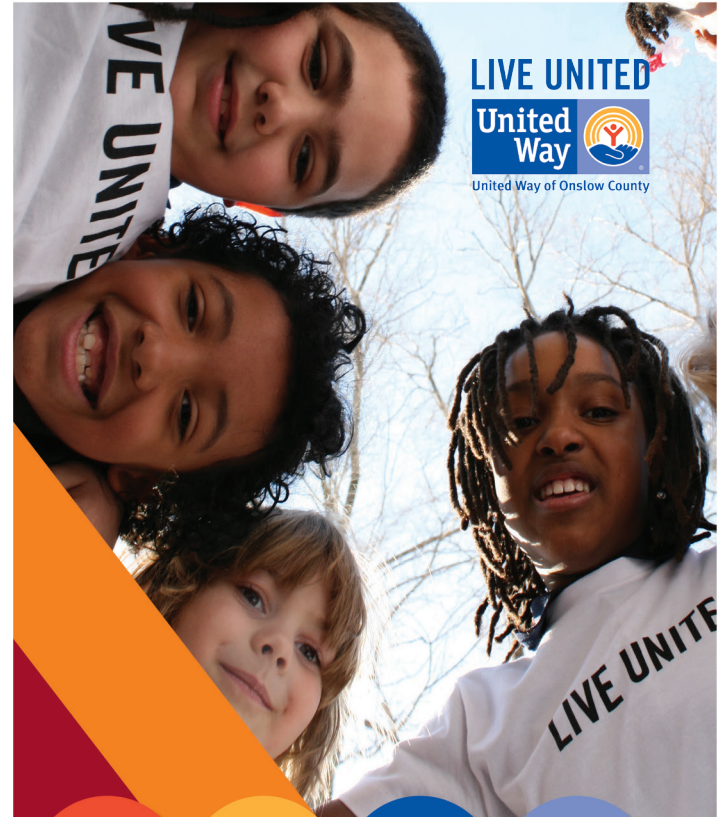
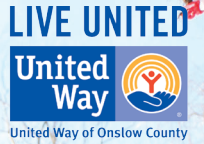
- Spaghetti/Sauce
- Macaroni and Cheese
- Canned Veggies/Stews

### Other:

- Individual Toilet Paper Rolls
- Personal Hygiene Items

To donate food, or to host a food drive, contact:

**Shelly Kieweg, Community Impact Director**  
at 910-347-2646 or [skieweg@uwonslow.org](mailto:skieweg@uwonslow.org)



# CHEW

Help us take a bite out of local childhood hunger



A United Way of Onslow County Community Initiative